

2011 State Profile — Arkansas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Arkansas, 61 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 3,401 clients in substance abuse treatment on March 31, 2011. The survey response rate in Arkansas was 97.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	47	77.0	1,881	55.3	105	84.0
Private for-profit	9	14.8	595	17.5	20	16.0
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	1	1.6	120	3.5	0	0.0
Federal government	4	6.6	805	23.7	0	0.0
Dept. of Veterans Affairs	4	6.6	805	23.7	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	61	100.0	3,401	100.0	125	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	33	54.1	1,622	47.7	17	13.6
Mental health services	16	26.2	1,284	37.8	28	22.4
Mix of mental health & substance abuse treatment services	9	14.8	433	12.7	74	59.2
General health care	1	1.6	3	0.1	0	0.0
Other/unknown	2	3.3	59	1.7	6	4.8
Total	61	100.0	3,401	100.0	125	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	52	89.7	1,959	57.6	84	
Clients with drug abuse only	44	75.9	1,020	30.0	45	
Clients with alcohol abuse only	44	75.9	423	12.4	19	
Total²	58		3,401	100.0	147	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
			No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	51	83.6	2,658	78.2	24	78	62.4	
Regular	49	80.3	1,555	45.7	10			
Intensive	31	50.8	364	10.7	5			
Day treatment/partial hospitalization	24	39.3	52	1.5	0			
Detoxification	5	8.2	132	3.9	1			
Methadone maintenance	4	6.6	555	16.3	150			
Residential (non-hospital)	27	44.3	698	20.5	21	47	37.6	
Short term	16	26.2	201	5.9	8			
Long term	26	42.6	458	13.5	16			
Detoxification	13	21.3	39	1.1	1			
Hospital Inpatient	6	9.8	45	1.3	5	0	0.0	
Treatment	3	4.9	20	0.6	3			
Detoxification	6	9.8	25	0.7	4			
Total	61		3,401	100.0	29	125	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	3	0.3
Clients in Facilities with OTPs		
Methadone	556	100.0
Buprenorphine	0	0.0
Total	556	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	59	96.7
Private health insurance	40	65.6
Medicare	13	21.3
Medicaid	12	19.7
Other State-financed health insurance	8	13.1
Federal military insurance	24	39.3
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	0	0.0
No payment accepted	0	0.0
Accepts other payments	0	0.0
Sliding fee scale	44	72.1
Treatment at no charge for clients who cannot pay	35	57.4

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	55	90.2
State substance abuse agency	49	80.3
State mental health department	21	34.4
State department of health	28	45.9
Hospital licensing authority	4	6.6
The Joint Commission	10	16.4
CARF ²	26	42.6
NCQA ³	0	0.0
COA ⁴	2	3.3
Other State/Local Agency/Org	3	4.9

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	42	68.9

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	60	98.4
Screening for substance abuse	60	98.4
Screening for mental health disorders	48	78.7
Comprehensive substance abuse assessment or diagnosis	57	93.4
Comprehensive mental health assessment or diagnosis	29	47.5
Screening for tobacco use	36	59.0
Outreach to persons in the community who may need treatment	36	59.0
Interim services for clients when immediate admission is not possible	44	72.1
Testing	57	93.4
Breathalyzer or blood alcohol testing	37	60.7
Drug or alcohol urine screening	55	90.2
Screening for Hepatitis B	13	21.3
Screening for Hepatitis C	14	23.0
HIV testing	25	41.0
STD testing	18	29.5
TB screening	21	34.4
Counseling	60	98.4
Individual counseling	60	98.4
Group counseling	58	95.1
Family counseling	57	93.4
Marital/couples counseling	42	68.9
Transitional Services	61	100.0
Discharge planning	59	96.7
Aftercare/continuing care	49	80.3
Pharmacotherapies	34	55.7
Medications for psychiatric disorders	26	42.6
Nicotine replacement	19	31.1
Campral [®]	13	21.3
Antabuse [®]	6	9.8
Naltrexone (oral)	8	13.1
Vivitrol [®] (injectable Naltrexone)	5	8.2
Buprenorphine	11	18.0
Subutex [®] or generic	9	14.8
Suboxone [®]	11	18.0
Methadone	4	6.6
Non-nicotine smoking/tobacco cessation medications	14	23.0
Ancillary Services	61	100.0
Case management services	52	85.2
Social skills development	42	68.9
Mentoring/peer support	33	54.1
Child care for clients' children	6	9.8
Assistance with obtaining social services	36	59.0
Employment counseling or training for clients	28	45.9
Assistance in locating housing for clients	33	54.1
Domestic violence	23	37.7
Early intervention for HIV	21	34.4
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	45	73.8
Hepatitis education, counseling, or support	28	45.9
Health education other than HIV/AIDS or hepatitis	34	55.7
Substance abuse education	58	95.1
Transportation assistance to treatment	21	34.4
Mental health services	33	54.1
Acupuncture	3	4.9
Residential beds for clients' children	5	8.2
Self-help groups	35	57.4
Smoking cessation counseling	43	70.5

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	59	96.7
Relapse prevention	55	90.2
Cognitive-behavioral therapy	53	86.9
12-step facilitation	52	85.2
Motivational interviewing	54	88.5
Anger management	49	80.3
Brief intervention	49	80.3
Contingency management/motivational incentives	32	52.5
Trauma-related counseling	39	63.9
Rational emotive behavioral therapy (REBT)	32	52.5
Matrix model	40	65.6
Community reinforcement plus vouchers	10	16.4
Other treatment approaches	14	23.0

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	24	5
Number of clients ²	653	42
Number of designated beds	703	78
Utilization rate (%)	92.9	53.8
No. of designated beds/facility (avg.)	29	16

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

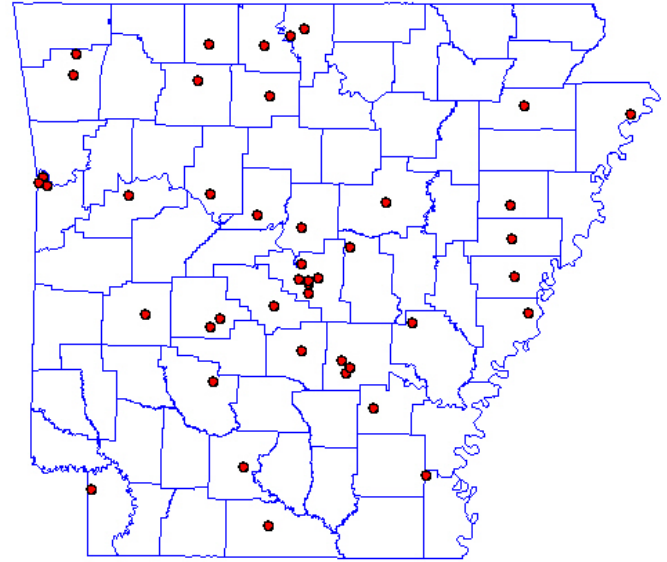
	Facilities	
	No.	%
Any program or group	41	67.2
Co-occurring disorders	22	36.1
Adult women	13	21.3
Adolescents	10	16.4
DUI/DWI offenders	21	34.4
Criminal justice clients	13	21.3
Adult men	10	16.4
Pregnant or postpartum women	7	11.5
Persons with HIV or AIDS	5	8.2
Seniors or older adults	2	3.3
Lesbian, gay, bisexual, or transgender clients (LGBT)	0	0.0
Other groups	4	6.6

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	27	44.3
Any language other than English	28	45.9
Non-English Language Provided by:		
On-call interpreter only	22	78.6
Staff counselor only	2	7.1
Both staff counselor and on-call interpreter	4	14.3
Languages Provided by Staff Counselor:¹		
Spanish	6	100.0
American Indian/Alaska Native languages	0	0.0
Other	0	0.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/